

Conviction Convinces Us To Ask For God's Help

*By Joyce Meyer (excerpt from How to Hear from God –
Learn to know His voice and make right decisions.*

When God reveals to you an issue that needs to be dealt with in your life, you can trust the anointing is also present to break the yoke of it's bondage over you. If you put off confronting the behavior until you want to deal with it, you may have to face change without the anointing. When God convicts, He also anoints, so that is the best time to yield to his help in changing. We often want to do things in our own timing, and we struggle and struggle because we're not asking for God's help.

I have learned to deal with issues when God wants to deal with them. Even in the meetings I lead, I used to come with a plan and program. Sometimes I felt that God wanted me to stop the service and pray for somebody; but if I didn't fit it into my program, I would put it off. Then later I would try to do what I thought God had wanted me to do earlier, and it would just fall flat. I had missed the flow of what was going on in God's timing. We need to act when God says to act.

At one meeting I took a break and went into the women's restroom where a lady said, "Well, I wish you would have an alter call for smoking; I'm having a terrible time with smoking."

As soon as she spoke, the Holy Ghost filled me with faith for her. I laid hands on her and said, "Be healed in the name of Jesus." She probably thought I was a little bit wild, but I have learned to act when I feel faith move in me. When God's anointing come to set people free, it is a *now* moment; it isn't something we set aside and pick up later. I knew to pray right then...

...When conviction comes on us, it is God speaking to us because He wants to help us in some area. He is not condemning us, but He's trying to let us know that he wants us to live a long and healthy life. When the Holy Spirit speaks to your conscience about changes that are needed, pray right then. Ask God to deliver you and bring about those changes through your faith in Jesus. You can pray for deliverance from addiction and ungodly behavior with this prayer:

Father,

In the name of Jesus, I release my faith to receive Your deliverance right now. I take authority over the habit of _____ (name the habit, e.g., nicotine, alcohol, drugs). I command this thing to be loosed from me, and I pray that you will strengthen me to turn away from this behavior and sin no more.

I pray that You will do one of two things: either deliver me right now, so I will never want to do this again, or give me the strength to say no to this habit until I am no longer in bondage to it. This I pray in the name of Jesus. Amen

The anointing is present when we call on the name of Jesus. I believe that you can be miraculously delivered of painful addictions while reading this book. Always move in faith when you sense God convicting your conscience. It serves as a trustworthy compass to true godly living.